

### **SRF Report**

#### **YEAR 2020-21**

JUNOON 2020 - Junoon, an endeavor, aspired to create a lasting, positive impression on the lives of underprivileged youth. Our mission was to empower these children by nurturing their

hidden potential through enjoyable educational activities and meaningful engagements. This not only honed their abilities but also instilled a sense of optimism for a promising and successful tomorrow.

THE BINGE HUNT (24th Oct 2020) - Binge night comprises various competitions of Bollywood trivia and dance! It will test the knowledge of iconic films, stars, and songs, followed by a thrilling dance-off. It's a night of entertainment, fun, and a chance to win fantastic prizes.

SRF WEEK 2020-21 (8th Feb - 13th Feb) - SRF Week, a seven days long manoeuvre by SRF which consists of invigorating activities focusing on different sections of society by aiding their needs and spreading awareness on various social concerns and thus, moving towards a better future for all.

• TRANSCEND - "TRANSCEND", a panel discussion on February 8th, 2021, was a powerful event that brought together diverse voices to discuss the LGBTQ+ community and its history. The panelists shared their personal experiences, insights, and perspectives on a wide range of topics, including LGBTQ+ rights, discrimination, and the importance of inclusivity. The event was a reminder that the fight for LGBTQ+ equality is far from over, but it was also a celebration of the progress that has been made and the resilience of the LGBTQ+ community.

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• GIGGLESCAPE - Gigglescape comedy fundraiser was a resounding success! The event featured the hilarious Amit Tandon and was able to raise a significant amount of money for SRF, a non-profit organization that works to improve the lives of people in need.

Gigglescape was a night of laughter, community, and support for a good cause.

- MIDNIGHT MISSION The MIDNIGHT MISSION was a successful 3-day event that saw volunteers from the community come together to collect, sort, and distribute essential items to those in need. The generosity of the community was truly inspiring, and the smiles on the faces of those who received donations were a testament to the impact that even the smallest act of kindness can have.
- FREE THE FLOW The FREE THE FLOW drive was a successful event that saw the community come together to donate sanitary napkins to women who do not have

access to them. The drive was a powerful reminder of the importance of menstrual hygiene and the need to ensure that all women have the products they need to manage their periods safely and hygienically.

• TREE PLANTATION - The TREE PLANTATION DRIVE was a successful event that saw volunteers from all over the community come together to plant trees in their local

parks and neighborhoods. The drive was a powerful reminder of the importance of taking care of our planet and the need to plant trees for a greener and healthier future.

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#### **YEAR 2021-22**

International Yoga Day (21st June 2021) - The Social Responsibility Forum, in collaboration with Montage, hosted a Virtual Yoga session on the International Day of Yoga. An alumnus of NMIMS University, Ms. Sanjeevani Chandak hosted the Yoga session.We saw a whopping 90 people come in and try their hand at doing yoga. This was an escape from the monotonous lives for the participants.

WEvolve (16th July - 18th July 2021) - The Polycystic Ovarian Disorder (PCOD) webinar's goal was to raise awareness about its cause, significance, and prevention. This little effort would lead to significant increases in public knowledge of this stigmatic disorder.

- ART THERAPY SESSION for cancer patients was held on the fourth and final day of WEvolve. SRF worked with and tried to provide the cancer patients with some sanctuary from their hectic life.
- The SEX EDUCATION webinar aimed to educate the youth about the whole intercourse process. In addition, the pupils were informed about different precautions and safety measures that should be taken prior to indulging.
- The COOKING SESSION especially curated for PCOD patients focused on maintaining a healthy diet. Mrs. Hansa Karia taught healthy and delicious substitutes that are easy to make at home.

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DRIVE OF HOPE DIWALI DISTRIBUTION DRIVE (NOVEMBER 2021) On the 1st of November 2021, Team SRF organized a distribution campaign at the Vile Parle and Andheri train stations. The distribution drive was conducted on the occasion of Diwali and due to this prosperous occasion, we decided to brighten up the lives of people by distributing sweets,

chocolates and other refreshments along with masks and sanitizers to the homeless as well as individual services. We also provided children with books and stationery to support their

education and help them bridge the gap to be good students. The gathering for the distribution

drive included members of the SRF team who live in Mumbai, including first-year students, and was conducted with all the necessary precautions as per the circumstances.

BINGE HUNT 2021 - Participants deciphered the codes, danced to the tunes of tasks and brought their thunder. Our very own Binge Watchers turned into Binge Hunters! The winners were rewarded with various prizes from the sponsors.

JUNOON (FEB 2022)- 'Junoon , an initiative where we aimed to leave a positive mark on the minds of our underprivileged youth. Our idea was to help the children harness their true and untapped potential with fun-filled learning activities and insightful interactions. This not only helped them finesse their skills but also encouraged them to be enthusiastic about a bright and successful future.

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#### **YEAR 2022-23**

### SRF WEEK(MARCH 2022):

- PRAYAAS 'Prayaas' marked the first event of SRF week. An orphanage visit where SRF members spent an entire day with the children to connect with them.
- FREE THE FLOW One of SRF's most anticipated yearly events is 'Free the Flow.' The event's purpose was to spread awareness about menstrual hygiene and we donated 100+sanitary napkins to underprivileged women.
- BLOOD DONATION "A single pint can save three lives; a single gesture can create a million smiles." Our Blood Donation Drive encouraged young people to donate blood and help others. We are grateful to all the donors for their contribution to the success of the event.
- INAYAAT We must look out for our elders. 'Inaayat' entailed spending time with the elderly and engaging them in some enjoyable activities that gave a spark to their ordinary day, making them feel comfortable and loved.
- FUN FETE The Fun Fete was the final and most awaited event of SRF week. Many small businesses were invited to set up stalls selling various items and pledged to donate a major part of their revenues of the day to the well-being of disadvantaged children, thus contributing to a humanitarian cause.

TRANSCEND (29th JUNE 2022) - Transcend was an event to celebrate the LGBTQIA+ community. Our conversations with an international Trans-Model from India and an LGBTQIA+ activist and a TED speaker, with a representative from EQUALS NMIMS, brought about some sensitive opinions and learnings from their experiences. We appreciate our esteemed guests and are grateful for this opportunity that we got to interact with them.

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PARWAAZ - "Parwaaz", our first offline event this term. We aimed to empower young girls and make them self-reliant by educating them on menstrual hygiene. The day began with a healthy conversation about basic feminine hygiene conducted by a renowned gynecologist. The address, followed by a self-defence training session, was taken by a certified professional. After the session, our members distributed some sanitary pads, and stationery with some goodies to the girls.

### SRF WEEK (SEPTEMBER 2022):

- PRAYAAS The first event named, "Prayaas" was an orphanage visit. The children were given a platform to express themselves freely and create happy memories. 'Best out of Waste' was our medium to interact with the children
- NOOR The second day, "Noor", a Women Empowerment Workshop was organized at Project Donna, a women's shelter producing clothes, pouches, and various other items. It provided us with an understanding about the level of financial literacy amongst the low-income group
- ARPAN "Arpan", a blind school visit was a heart touching experience for the members.

There, we understood the strength and the willpower of humans. This event taught the members being thankful for what they have and just enjoying the moment.

• BLOOD DONATION - It is a long-standing tradition of SRF to organize a blood donation drive during SRF week, and therefore, in partnership with Saifee Hospital and Sir HN Reliance Foundation Hospital and under the guidance of a team of expert doctors, a blood donation drive was conducted at our own campus.

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• UDHYAM - The last event "Udhyam", was a visit to a disability home. It was an experience filled with sentiments and emotions. The members were lucky to get an opportunity to visit 'Cheshire Homes India'.

### **EYE CARE (OCTOBER 2022)**

In honour of World Eye Care Day, SRF collaborated with Titan Eye Plus to hold an eye check up camp on 13th October 2022. The camp started from 10am and continued throughout the day till 5:30pm. All students and faculties were invited to be a part of the camp and get their eyes checked The MDP room was set up with all the necessary equipments required to host a check-up. Trained professionals and consultants were present from Titan who were overseeing the entire procedure. It was a great way to celebrate World Eye Care Day and help spread awareness among college students as well as faculties, the importance of vision and eye health.

CHILDREN'S DAY On the occasion of Children's Day, SRF collaborated with Montage to host an event for children from the AngelXpress NGO. The event started with the core and members of SRF interacting with the children and making them comfortable. Members of Montage music and dance put on a show for them. After that, the children took to the dance floor, where all members and the core danced with them. The day ended with a distribution from Team SRF with help from Team Montage.

AARAMBH (FEB 2023) - Calling for enthusiasm, zest and gusto ,SRF's flagship event: Aarambh is an exhilarating 5 km long social marathon which took place in the heart of Mumbai in conjunction with Sister's Living Works, an organisation in India dedicated to prevent suicide.

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#### YEAR 2023-24

### **JUNOON (AUGUST 2023)**

On 20th August 2023, Team SRF, 2023-24, kick started its year with its first event JUNOON - a zealous drive to inspire. The event was organised in two time slots at the prominent locations of Jogeshwari and Borivali. The event at Snehsadan orphanage, Jogeshwari, was conducted in collaboration with Bhumi, an NGO working for children's health and education. The event in Borivali was held at Bosco Boys Home. At both locations, we had organised a refreshing yoga session for children which was administered by Smt. Pooja Randev, a yoga instructor and assistant professor at DSSI Training. We ended the event with a distribution drive wherein, the team provided the kids with delicious food items, sponsored by Gur Samarth Foundation.

### **AAROHAN (SEPTEMBER 2023)**

On 9th September 2023, SRF in collaboration with the Rotaract Club NMIMS, hosted Aarohan, which was an interactive session with the support staff of our college i.e. the cleaning team and peon staff wherein they shared their story and hobbies thereby connecting at a human level. The event involved the SRF team partaking in the cleaning of college premises inside gate number 6 with the help of the staff.

### **SRF WEEK (OCTOBER 2023)**

Day 1: Prayaas

On 16th October 2023, SRF Week was kicked off with Prayaas, an Orphanage visit. Team SRF held fun activities and educational games like current affairs ballot among others for this event and spent quality time with the children. A distribution of essentials also took place towards the end. Our aim was to share laughter and make memories with these incredible children. The event ended with the distribution of rolls sponsored by 99 Rolls.

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### Day 2: Shakti

17th October 2023 was a Women Empowerment Shelter visit to Bombay YMCA, Andheri wherein women from different walks of life were present with some being beauticians and home makers to others pursuing a bachelor's degree or working small jobs. SRF had invited M/s Durga Tulsyan: Director at TJ Impex, a fine design diamond jewellery brand. She took a session on

'Core of Women Empowerment' and 'Essentials of Business'. The interactive session was effective for women to learn about the power of self-reliance. M/s Durga was also able to shed light on the prerequisites for commencing business for people possessing potentially commercial skills. The event ended with the distribution of juices and rolls by the sponsor: 99 Rolls.

#### Day 3: Blood Donation Drive

On 18th October 2023, Team SRF, keeping true to its tradition, organised a blood donation drive at Mukesh Patel School of Technology, Management and Engineering. The drive was conducted in collaboration with two of the most famed hospitals of Mumbai, Saifee and Nanavati Max Super Speciality. The event took place in two time slots of 3 hours each, in which the blood collection was first organised by Saifee and Nanavati followed in the second slot. All the donors were provided with refreshments and certificates by the hospitals. The drive turned out to be a success not only for the SRF Team but also for the hospitals in terms of blood collection. The team hopes that all the blood collected comes useful to the patients in need.

### Day 4: Udhyam

On 19th October 2023, day 4 of SRF week, the team visited Cheshire Homes, a mental disability home in Andheri East. The event started with an enthusiastic session of music therapy by Smt.

Beenal Shah, the owner of Aarohan Music Therapy, and revolved around engaging with the children, young adults and their mothers in a joyful musical hour. We also conducted a brief and interactive dancing session on a specially curated therapeutic playlist aimed at community healing. The event ended with a distribution drive of rolls, sponsored by 99 Rolls.

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Day 5: Fun Fete

On 20th October 2023, the last and final day of SRF Week, we organised a carnival, for all those who deserve happiness. SRF partnered with various NGOs and set up 12 stalls. The stalls sold merchandise varying from handicrafts, handmade soaps and customised bracelets to books made from recycled paper and cloth bags. The carnival was inspiring for young entrepreneurs to

venture out on small businesses and showcase their merit. The fete engaged a lot of students who purchased the products on sale, and all the proceedings collected from the sales went directly to

the vendors, who in turn donated them to their respective NGOs.

Regards,

Sangita Kher

I/C Dean

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